HEALTH CLUSTER BULLETIN #10

OCTOBER 2025





Title

9.2 M In Need



3M (2.2M)* Targeted



\$130 M (97.6 M)* Required



1.7M Reached

*This figure represents the reprioritized 2025 HNRP

HIGHLIGHTS

- In October, renewed waves of large-scale strikes on energy infrastructure led to power outages across multiple regions and resulted in subsequent power rationing, leaving millions without heat, water, or transport and disrupting health facilities. As temperatures continue to fall, Health Cluster partners initiated their first winter efforts under the <u>Winter Response October 2025-March 2026</u>, reaching over 6,000 people through the provision of emergency case management for frostbite and acute respiratory infections (ARI), medical supplies for diagnosis and treatment of ARI, and intensive care for severe respiratory infections.
- Similar to August and September, civilian casualties remained high this month, with at least 148 people killed and 929 injured, verified by the UN HRMMU. The total number of civilian casualties recorded during the first ten months of 2025 has already surpassed the total for the entire year of 2024. In response to attacks on civilian homes and infrastructure, Health Cluster partners have provided 2,459 people with lifesaving first aid and MHPSS services and donated medical supplies to health facilities sufficient to treat 11,085 people in 2025.
- Health and humanitarian services continued to be attacked in October. The WHO Surveillance System for Attacks on Health Care (WHO SSA) verified 35 attacks on health care in October alone, of which 26 impacted health facilities and 9 affected medical transport. On 14 October, a clearly marked UN convoy of four humanitarian trucks carrying medicines, hygiene kits, and shelter materials to frontline communities in the Kherson region was struck by a drone.
- In October, at least 16,100 people were displaced from frontline areas, according to the <u>IOM DTM</u> Frontline Monitoring assessment. The majority of evacuees originated from Donetska oblast; however, as hostilities intensified, Zaporizka oblast experienced an increase during the latter part of the month. Health Cluster partners continued to <u>coordinate</u> the delivery of lifesaving primary health care and MHPSS services at five designated transit centers, reaching more than 16,800 people cumulatively in 2025.

HEALTH SECTOR



1,567health facilities supported as of *31 October 025*Source: 5W



2,733 attacks on health care since 24 Feb 2022

Source: WHO SSA



454

logged HRPR submissions in 2023, as of 31 October 2025

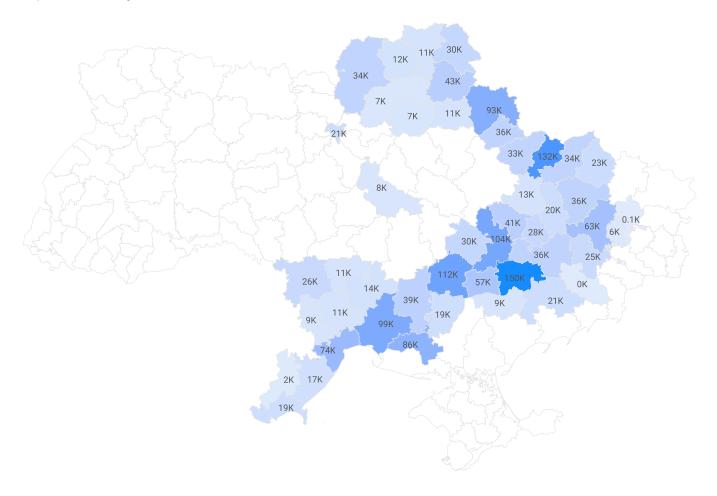


143

Partners reporting (cumulative) HRP activities in Activity Info, as of 31 October 2025

HEALTH CLUSTER RESPONSE PROGRESS

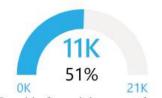
People Reached by Raion, as of 31 October 2025



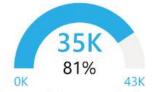
People Reached by Activity, as of 31 October 2025



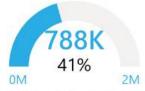
Improve access to comprehensive quality and integrated healthcare including MHPSS and nutrition (**HE101**)



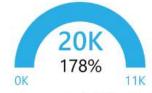
Provide financial support for health care and nutritionrelated costs - cash or vouchers (HE102)



Support risk communication and community engagement and provision (HE103)



Procure, preposition and distribute essential medications, medical equipment and medical commodities to health facilities (**HE104**)



Engage in capacity building for health care providers, first responders, and other community members (HE105)

NEEDS & GAPS

Winter Risk

In October, the number of attacks on energy infrastructure in Ukraine has reached its record numbers since February 2022. ACLED recorded 178 incidents targeting energy infrastructure, representing an increase of nearly 70% in the last week of October compared with the first week of the month. According to the UN HRMMU, if attacks of this scale and frequency continue, there is a significant risk of dangerous consequences for civilians this winter, including prolonged disruptions to heating, electricity, and water supplies. Such disruptions are likely to critically undermine the accessibility and continuity of essential services during the winter season.

Although hospitals equipped with generators are able to maintain functionality during short-term interruptions, power outages still <u>pose</u> serious, wide-ranging threats to health care delivery. These risks extend across supply chains, staff mobility, water and heating systems, surgical and diagnostic equipment, administrative functions, and broader community health needs. This perceived resilience depends on outages being limited in scope, duration, and the effective implementation of mitigation measures. However, REACH findings suggest that these risks may often be underestimated, and challenges encountered during previous disruptions are not fully recalled.

In this context, and in anticipation of increased needs during the winter period, the Health Cluster is approached regularly by the regional Departments of Health with requests for support to ensure the sustained operational capacity of health facilities, including through the provision of generators, heating systems, and other essential resources.

Populations across Ukraine face acute winter vulnerability due to conflict, displacement, and damaged housing and energy infrastructure. Cold spots in Kharkivskyi, Bohodukhivskyi, Sumskyi, Kramatorskyi, Shostkynskyi, and Buchanskyi show compounded winter risks, with Kramatorskyi and Shostkynskyi having the "highest" risk. Disrupted utilities, poor road access, and damaged health facilities hinder service delivery. Disrupted utilities, poor road access, and damaged health facilities hinder service delivery. Displaced persons, older adults, and those with chronic conditions face increased morbidity risks and limited access to essential care. Last winter, 51% of households reported unmet health needs, including lack of medications and primary care.

Health partners require financial support to engage in winter-specific activities.

Availability of Medicines

In frontline and hard-to-reach areas, attacks on warehouses and damage to pharmacies and health facilities have severely disrupted access to essential medicines and health services. Medicine stockouts, facility closures, and supply chain interruptions have left vulnerable populations, especially IDPs, older persons, and those with chronic conditions, without consistent care. Despite these gaps, health partners continue to support the Ministry of Health by donating lifesaving medications, over-the-counter (OTC) kits to frontline communities and transit centers.

According to IOM ($\underline{\text{May 2025}}$), 36% of the population struggles to access healthcare, with affordability and

availability as key barriers. MSNA 2025 shows that 8% of households with chronic illness were often unable to obtain needed medication. AMP coverage gaps and recent pricing reforms have further strained access. Pharmacies in rural and frontline areas often face challenges with replenishment. To mitigate this, some partners integrate CVA to support access to medicine and transport. The Health Cluster convened UKR-Poshta and 12 Cash and Voucher Assistance (CVA) for health partners to strengthen collaboration on delivering medicines to rural and hard-to-reach communities, ensuring essential treatments reach those most in need.

Availability of Services

A critical shortage of health workers in war-affected and border regions continues to undermine health service delivery, especially in frontline areas. The February mobilization of medical and humanitarian personnel further reduced service availability, while attacks on health facilities disrupted care and endangered staff and patients. Access is particularly limited for people with disabilities and those with special needs, who report higher health needs and greater barriers. According to MSNA 2025, health-related needs are most severe near the frontline: in the 0-20 km zone, 26% of households in Donetska oblast were in need due to chronic conditions and lack of access to medication or care, compared to 7% in Chernihivska and 9% in Sumska. In the 21-50 km zone, needs remained high in Donetska (17%) and Sumska (16%). These gaps highlight the urgent need for targeted support to the health workforce, protection of health infrastructure, and inclusive service delivery for high-risk populations.

Mental Health and psychosocial Support

The burden of the war on the mental health of the population and the health workforce continues to increase. As a result of the attacks, many people across Ukraine, including health staff, require mental health support. According to the WHO Ukraine Health Needs Assessment Round 7 (April 2025), 72% of adults experienced mental health challenges over the past year, with stress, anxiety, and low mood reported most frequently. IDPs were disproportionately affected, with 80% reporting stress compared to 74% among non-displaced populations. The MSNA 2025 confirmed these findings, indicating that 63% of assessed households had at least one member feeling emotionally unwell, making daily life more difficult than usual, and 41% reported severe or extreme MHPSS challenges.

Trauma and Rehabilitation

Health facilities, especially in conflict-affected areas, face a high influx of trauma patients but lack specialized rehabilitation capacity. Trauma-related injuries, such as spinal cord injuries, brain trauma, burns, and amputations, remain challenging to handle, with referral challenges and limited access in some locations. Many advanced patients with complications will be referred to palliative care or long-term care, losing possibilities for regaining functional independence and returning to their daily lives. While multidisciplinary rehabilitation is available within the network of "capable hospitals" across Ukraine, service quality may vary, with waiting lists of up to three months and a shortage of specialized professionals. Integrating mental health into rehabilitation is essential for holistic recovery. Awareness among service users and service

providers of free rehabilitation services is low, especially among primary care physicians, resulting in many without care. Stronger coordination is needed to address gaps and avoid duplication.

Sexual and Reproductive Health Needs

Access to SRH services is reduced due to pharmacy closures, damaged facilities, and supply disruptions. Limited SRH focal points at the primary care level affects care-seeking behavior. High rates of intimate partner and non-partner sexual violence highlight the need for enhanced clinical services and medical capacity-building. Access to antenatal care, especially for adolescents, has dropped, leading to increased maternal complications. Declining HIV and syphilis testing among pregnant women calls for expanded screening and treatment. Regional disparities in teenage pregnancy, rising abortion-to-live-birth ratio and unsafe abortions, and higher syphilis and hepatitis B cases demand stronger public health interventions, sexuality education, and improved contraception access. Strengthening SRH services at the PHC level is essential to ensure the availability of comprehensive SRH services.

Risk Communication & Community Engagement

Reaching vulnerable populations with risk communication and community engagement (RCCE) materials continues to be a challenge, particularly in frontline oblasts where insecurity and disrupted service delivery exacerbate public health risks. In these contexts, limited access to accurate information may contribute to low health-seeking behaviors and the adoption of negative coping strategies. Strengthened coordination is essential to ensure consistent and contextually appropriate messaging, especially on priority issues such as rabies prevention, measles vaccination, and the promotion of essential health-seeking practices. Aligning messages with the Ministry of Health's priorities is key to addressing risk communication challenges. Greater partner involvement in community listening would amplify voices from high-risk regions.

HEALTH CLUSTER COORDINATION UPDATES

Health Cluster Launches Winter Reporting for 2025-2026

With temperatures dropping in October, Health Cluster partners have launched winter activities under the Winter Response Plan (October 2025-March 2026). To support partners in accurate and timely reporting and introduce new reporting adjustments for this year, the Health Cluster convened a dedicated winter-reporting sessions held in both English and Ukrainian. The training session brough together 47 people in total for both sessions, and the recording along with the reporting guidance is available on the Health Cluster ReliefWeb/ActivityInfo page.

Under this year's Winter Response Plan, Health Cluster partners aim to provide essential health assistance to 98,200 people.

2026 Humanitarian Needs and Response Plan

As of 31 October, the 2025 Humanitarian Needs and Response Plan process remains on track for completion within the coming weeks, with UN OCHA continuing to lead narrative development toward a launch in January 2026. Throughout October, the Health Cluster, co-chairing the Strategic Priority #1 (Supporting the most vulnerable who remain close to the front line), finalized boundary setting, vulnerability and contextual analysis; completed the issuebased analysis, including severity rankings and People in Need (PiN) estimates; and advance response planning and prioritization to define sectoral activity packages aligned with the four strategic priorities. The Health Cluster plans to convene the Strategic Advisory Group (SAG) on 7 November to present the preliminary HNRP PiN and proposed targets for feedback and discussion.

Launch of Cluster Coordination Performance Monitoring 2025

As the year draws to a close, the Health Cluster initiated the yearly CCPM review by the end of October. The performance survey was disseminated among 89 active partners across all hubs, with results scheduled for discussion during the dedicated hybrid CCPM review meeting on 3 December.

Partner feedback will inform the Health Cluster Workplan for 2026. The meeting will also provide an opportunity to confirm the composition of the Strategic Advisory Group for the upcoming year.

This year's outcomes are expected to be influenced by the funding freezes in the beginning of the year, the Humanitarian Reset agenda, and the broader humanitarian architecture review.

Health Cluster Guidance for Provision Health care at Transit Centers

After more than a year of coordinating the provision of health and MHPSS services in support of local authorities, at designated transit centers for evacuees from Donetska, Dnipropetrovska, and Kharkivska oblast, the Health Cluster developed a <u>guidance document</u> for partners operating at these sites. The document clarifies (1) the patient pathway, (2) partner roles and responsibilities in delivering health services and (3) referral and counter-referral mechanisms. Since January 2025, 19 Health Cluster partner teams have delivered essential lifesaving primary health care and MHPSS services to more than 16,850 evacuees at five different transit centers.

Sexual and Reproductive TWG: Planning for 16-days of Activism

The Health Cluster Sexual and Reproductive TWG is preparing to launch the 16-days of Activism Against Gender-Based Violence (GBV) campaign (25 November – 10 December). This year's joint campaign will run under the context-specific theme: "Small Things Matter." The goal of the campaign is to offer hope and demonstrate that life after violence can improve. The SRH TWG will provide all read-to-use campaign materials on the dedicated Google Drive. Materials will be structured and clearly divided by specific dates in line with the campaign calendar to make planning and scheduling easier. For more information, please see the SRH ReliefWeb site.

PARTNERS' ACHIEVEMENTS



In October, 100% Zaporizhzhia continued providing a comprehensive package of health-related services across the oblast, delivering non-specialized psychological interventions (PM+, CETA, ASSYST and others) to 282 people through 159 individual and 64 group sessions; rehabilitation services, including physical, occupational, and speech therapy, prosthetics, neuropsychology, and rehabilitative care, to 89 individuals (16 persons with disabilities, 29 girls, 60 boys) with 223 consultations; and support through the medicines voucher program to 134 people with 176 vouchers issued. Cash and voucher assistance for laboratory and diagnostic testing reached 92 individuals with 105 vouchers, while 20 women with disabilities received maternal and child health support with 38 vouchers provided. 15 people, including 10 people with disabilities, were assisted with transport services, and STI/HIV prevention and healthy-behavior promotion activities reached 171 participants.



In October, Action Against Hunger (ACF), in partnership with the Ukrainian Association of Midwives, provided Sexual and Reproductive Health (SRH)/Gender-Based Violence (GBV) training sessions to 40 health care workers in Dnipro, Kharkiv, and Kyiv. In collaboration with the Ukrainian Red Cross, ACF also launched First Aid/Basic Life Support (BLS) training at two primary health care centers in Dnipro oblast and one PHCC in Sumska oblast, with 30 medical staff trained as of 31 October. The ACF Mobile Health Unit (MHU) delivered 16 Risk Communication and Community Engagement (RCCE) sessions in Dnipro and Kharkiv oblasts, engaging 217 community members on high blood pressure, hypertension, and breast cancer awareness. The MHU also provided 523 consultations in Kharkivska, Sumska and Dnipropetrovska oblasts.



In October, Artesans-ResQ Ukraine continued implementation of the WHO-funded project "To provide 24-hour/7-day-a-week access to specialist Critical Care Transfer (CCT) service and coordination support to the Emergency Medical Services (EMS) & the Ministry of Health (MoH) Medevac Coordination Unit (MCU)", ensuring safe transfer of critically ill adult, pediatric, neonatal, and burn patients from frontline and underserved regions. In total, Artesans-Resq conducted 101 patient transfers (89,4% completion rate), including 13 neonatal, 7 pediatric, 10 burn, and 26 long-distance missions, with 11 initiated by the MoH MCU, the highest number in 2025. Since its inception in February 2025, the project has completed a total of 700 critical care patient transfers.



In October, three CADUS emergency teams based in Dnipro, Donetsk, and Sumy transferred 71 patients over a combined distance of more than 9,718 kilometers, averaging 159 kilometers per patient. The patients originating from Dnipropetrovska, Donetska, Kharkivska, and Sumska oblasts were transported to hospitals across Dnipro, Donetsk, Kharkiv, Kyiv, Kirovohrad, Lviv, and Sumy regions. 34 per cent of the patients transferred required intensive care support (ICU levels 2 and 3).



In October, the Charitable Organization Medical Aid Committee in Zakarpattya (CAMZ), together with its partners, delivered humanitarian health assitance, mainly medicines, consumables, and food, to fulfill 30 requests from health care facilities across 12 regions, including Kharkiv, Mykolaiv, Kherson, Zaporizhzhia, and Dnipropetrovska regions. With support from SAFE, CAMZ provided an equipped ambulance, construction materials, and lighting devices to a health facility in Dnipropetrovska region, and supplied another in the region with furniture, household appliances, and building materials. To enhance hospitals' energy resilience amid electricity shortages, charging stations were donated to facilities in Chernihiv and Kherson regions. Under the project "Improving the Protection of Children in Emergencies in Ukraine," supported by Terre des hommes Deutschland e.V. and the German Federal Foreign Office, CAMZ supplied medicines, consumables, and medical equipment to two facilities in Kherson region, four rural health centers in Mykolaiv region, and another health facility in Sumy.



In October 2025, Dignitas Ukraine mobile units, in partnership with Safe, provided a total of 2,046 medical consultations. Three mobile clinics in Kharkivska Oblast conducted 1,751 home visits for people with disabilities or reduced mobility, primarily older persons, in 32 rural communities and in 13 collective sites in Kharkiv. In Sumska oblast, the mobile clinic delivered 295 consultations across 10 border-area communities affected by hostilities and limited access to basic health care.



Dobra Fabryka Ukraina, in partnership with Medair, completed its CVA for Health (Voucher for Medicines) project in the Novopokrovska and Tsarychanska hromadas of Dnipropetrovsk oblast, improving access to essential medicines for vulnerable, war-affected populations. A total of 982 individuals received support, redeeming 1,282 medicine vouchers and accessing 4,792 medical items not covered by the AMP, which on average covered two months of medical needs. The project prioritized people with disabilities, chronic illnesses, older persons, IDPs, and residents of geographically isolated rural villages, ultimately reaching 46 rural settlements and addressing significant mobility, cost, and availability barriers to healthcare. In addition, 10 awareness campaigns, including on AMP, and eight stakeholder trainings were conducted, strengthening coordination among local authorities, family doctors, pharmacies, and social protection services. The assistance proved efficient and was highly appreciated by the community, with 98.8% of beneficiaries and community members reporting satisfaction with the project's implementation



In October, Family Health International (FHI 360) operated 11 mobile teams that provided 5,283 outpatient consultations, while specialist doctors delivered an additional 956 consultations, with gynecology and neurology being the most indemand services. A total of 4,092 people received psychological support through individual and group sessions delivered by mobile teams and primary healthcare centers in Dnipropetrovska, Kharkivska, Mykolaivska, and Khersonska oblasts. The mobile teams offer medical consultations, conduct diagnostic procedures such as ultrasound and electrocardiograms, prescribe and dispense medications, and make home visits to patients with limited mobility. Specialist doctors, including cardiologists, otolaryngologists, endocrinologists, neurologists, and gynecologists, are integrated into the mobile team model. Strengthening the capacity of Ukrainian medical professionals remains a key FHI 360 priority, and in October, 34 participants completed training on the Mental Health Gap Action Programme (mhGAP) in Odesa and Kharkiv oblasts.



In October, the FRIDA mobile medical teams operated in Khersonska, Sumy, Chernihiv, and Mykolaiv oblasts, providing over 1,600 medical consultations and conducting more than 500 ultrasound examinations. The teams included general practitioners, cardiologists, neurologists, endocrinologists, urologists, surgeons, pediatricians, ophthalmologists, ENT specialists, psychiatrists, psychologists, gynecologists, and dentists. Additionally, in October, FRIDA launched a new project in Dnipropetrovsk and Zaporizhzhia oblasts, providing medical assistance through general practitioners, cardiologists, a gynecologist, and a dentist, with support from mobile gynecology and dental units. Under the "Little Hearts" project, doctors from various specialties conducted 411 medical consultations in a children's home.



The Dignitas Ukraine mobile clinic in Sumy organized medical transport to the hospital for a patient requiring an MRI. © Dignitas Ukraine

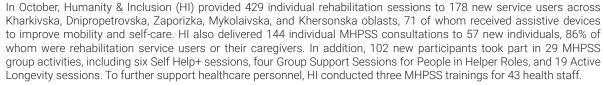




A mobile medical team visits the transit center for evacuees in Voloske, Dnipropetrovska Oblast, providing consultations, diagnostics, and treatment to patients."t. © humedica eV







In October, humedica e.V., with support from the German Federal Foreign Office and the Ukraine Humanitarian Fund (UHF), operated mobile medical units across hard-to-reach rural communities in Dnipropetrovska, Sumska, and Chernihivska oblasts. The MMUs delivered 1,880 family doctor consultations, including basic diagnostics, treatment, and medication prescriptions, with a strong focus on raising awareness about chronic disease prevention and the importance of regular check-ups. They also conducted 898 gynecological consultations, including 156 Pap smears and 664 ultrasound examinations, along with 260 dental consultations and sexual and reproductive health awareness sessions for 75 women. Protection services were provided in Sumska and Chernihivska oblasts, where 146 people received legal support and 107 individuals accessed MHPSS consultations. humedica's MMU also supported evacuees at the transit center in Voloske, Dnipropetrovska oblast. Four PHCs in Dnipropetrovska oblast received IT and medical equipment in line with standard requirements for primary healthcare facilities. A five-day WHO "Doing What Matters in Times of Stress" training for healthcare professionals was organized in Sumska and Chernihivska oblasts, reaching 15 participants.



In October, IMC facilitated over 18,000 outpatient consultations through its network of supported health care facilities and mobile medical units across five oblasts of Ukraine. To maintain uninterrupted access to essential care, critical medicines, medical equipment, and consumables were delivered to 11 primary health care centeres and 3 specialized medical facilities in Dnipropetrovska, Zaporizhska oblasts. IMC also conducted basic Sexual and Reproductive Health training for adolescents in schools in Dnipropetrivska oblast. A total of 249 children (118 girls and 131 boys) participated in the sessions and received hygiene kits upon completion, promoting awareness and personal well-being.



In October, the International Rescue Committee (IRC), in collaboration with local partners, continued providing access to integrated primary and specialized healthcare through Mobile Medical Units operating in Sumska, Kharkivska, Dnipropetrovska, Khersonska, and Mykolaivska oblasts. Across 88 locations, the teams conducted 13,643 medical consultations and delivered 1,152 MHPSS services to the most vulnerable clients. IRC also donated pharmaceuticals to hospitals in Kharkiv, Dnipropetrovska, and Sumska oblasts to help meet rising healthcare needs ahead of winter and seasonal illness peaks. To further strengthen winter preparedness, a hospital in Shostka, Sumska oblast, received 10 power stations and 10 stabilizers, ensuring uninterrupted operation of critical medical and diagnostic equipment. Additionally, IRC organized Clinical Management of Rape (CMR) training in Mykolaiv for 20 healthcare professionals, equipping them with essential skills to provide quality care to survivors of sexual violence. This training is the first in a series aimed at reinforcing frontline healthcare capacity in line with international humanitarian standards.



In October, IVY Japan, in partnership with STEP-IN, continued implementing the joint project "Providing Healthcare Support to Vulnerable Populations with Limited Access to Healthcare Services in Zaporizhzhia City." Funded by the Government of Japan and private companies through the Japan Platform, the project operates a mobile medical unit with an integrated mental health component. In October, the unit provided healthcare services to approximately 560 patients.



In October, under the project "Enhancing access to comprehensive healthcare services for conflict-affected and vulnerable populations, including host communities and internally displaced persons in highly affected areas", co-financed by ECHO, MdM-Greece's Mobile Medical Unit (MMU) in Sumy provided services to 326 patients through a total of 665 consultations, including 175 mental health consultations delivered by the MMU psychologist. The team also conducted two informational sessions on mental health and social inclusion during field visits to settlements in the Okhtyrka district. The Helpline crisis line received 519 calls in October, representing a 25.4% increase compared with September 2025. An mhGAP training was organized in Sumy from 20–23 October 2025, engaging 25 participants.



In October, Medical Teams International (MTI), together with its partner 100% Life Dnipropetrovsk region, continued providing mobile medical services funded by the Ukrainian Humanitarian Fund (UHF) in affected areas of Mykolaiv, Kherson, and Zaporizhzhia oblasts. A total of 2,447 medical consultations were delivered, along with the distribution of essential medicines and hygiene products. An ophthalmologist joined the mobile medical unit, providing 244 specialized consultations, and 78 beneficiaries received prescription eyeglasses. As part of the project, MTI collaborates with doctors from local health facilities to help strengthen and build the capacity of the local healthcare system. In addition, MTI and 100% Life Dnipropetrovsk region conducted community awareness activities, reaching 2,000 people with information sessions on topics such as first aid for frostbite, prevention of acute respiratory viral infections, and other health-related issues.



In October 2025, Nova Ukraine distributed 8,812,053 medical consumables and 222 pieces of equipment to healthcare facilities across Ukraine, continuing deliveries from Medical Bridges and FIGs. In partnership with the foundation Patients of Ukraine, 25 medical institutions received 74,556 units of medicines, supplies, and equipment, including 44 packs of oncology drugs. A further 14,412 units of equipment, consumables, and medicines were provided to stabilization points. To enhance medical evacuation and rehabilitation capacity, Nova Ukraine supplied 11 radio-electronic safety systems and two protective modules for emergency crews, and, together with partner organizations, delivered lifesaving supplies and first aid materials to bolster local emergency readiness. Under the "Ukraine Without Pain" programme, three hospitals in Zaporizhzhia, Odesa, and Ivano-Frankivsk received TLG-20 radiofrequency ablation systems. Nova Ukraine also supported Ukrainian medical professionals' participation in the UA-MED Heals Ukraine Conference 2025 at Harvard, promoting international collaboration and the adoption of global best practices within Ukraine's healthcare system.



In October, the PAL-UA mobile clinic, in partnership with Stichting Vluchteling, continued delivering essential health services across rural areas of Mykolaiv region. A multidisciplinary team (family doctors, a neurologist, ophthalmologists, a cardiologist, and psychologist) provided care in 20 settlements across seven territorial communities. The team conducted 444 consultations, supplied medicines, and issued electronic prescriptions, including services for 144 new beneficiaries registered in the national eHealth system. A total of 185 patients were referred to specialist doctors. In total, 390 prescriptions were issued, including those under the "Affordable Medicines" programme, and medications were dispensed directly during visits on 348 occasions. Psychologists provided 436 in-person and online sessions, including support through the WHO "Problem Management+" programme for individuals affected by stress and displacement. The team also conducted 12 home visits for bedridden and mobility-impaired patients.



Peace Winds Japan (PWJ) and Eleos-Ukraine continue operating the Family Center in Zvyahel, Zhytomyr Oblast, with support from the Ministry of Foreign Affairs of Japan (MoFA). The center provides psychosocial, social, and legal support to women, children, internally displaced persons (IDPs), and survivors of war and domestic violence. As of October 2025, the project has reached 721 people, delivering 952 services, including individual psychological counseling, case management, legal consultations, and group sessions facilitated by a psychologist. The audience for veteran-focused psychological support continues to grow. In addition, a speech therapist and a rehabilitation specialist have commenced active work at the center. Throughout October, the team conducted field visits to the Barashiv community, expanding access to services. Key topics addressed during the month included group consultations with a speech therapist for parents of children with special needs, women's mental health, and support for families of military personnel.



In October 2025, Project HOPE worked to further secure access to health in frontline and hard-to-reach areas of Ukraine. In coordination with health authorities, Project HOPE team delivered sanitary equipment to six medical facilities in the Kherson, Mykolaiv, Dnipropetrovsk, and Kharkiv regions. 37,500 doses of hepatitis B vaccine were distributed to 23 regional Centers for Disease Control and Prevention and Kyiv City Center to support free adult vaccination under the joint project of the Ministry of Health of Ukraine and Project HOPE Polska. Project HOPE's support enabled mobile pharmacy units to further expand into 30 communities in the Sumy region, providing residents with prescription and over-the-counter medicines, as well as medications under the "Affordable Medicines" program. Supported by the team, 41 mobile medical units delivered 65,435 consultations to 20,715 people. Two ambulances conducted 324 transfers of injured and critically ill patients across three frontline regions. Incentivizing medical staff by providing financial grants enabled Project HOPE to retain or hire personnel in 33 hospitals. In October, these units provided 62,210 consultations to 19,812 beneficiaries. Moreover, the team provided Nurse Trainings to 52 healthcare workers.



In October, the mobile medical teams of the Polish Medical Mission (PMM) continued their work in Sumska and Kharkivska oblasts. The teams, which included general practitioners, a cardiologist, and an endocrinologist, provided over 985 medical consultations and distributed 894 packs of medicines free of charge to beneficiaries. Through the PMM mobile laboratory, 109 laboratory tests were conducted. The Kharkiv team also continued supporting the transit center in the city. The Neonatal Care project, covering 21 cities across Ukraine, remained active, while PMM launched a new initiative providing psychosocial support to the populations of Sumy and Kharkiv oblasts, with psychologists joining the mobile teams. In October, a nine-month project offering psychological support to healthcare workers concluded. Implemented in partnership with the Eastern Europe Foundation, the project delivered 800 consultations to 107 beneficiaries and organized two recreational and restorative events in Zakarpattia.



In October, Première Urgence Internationale (PUI) continued providing integrated primary healthcare (PHC) and MHPSS services for war-affected populations through its Mobile Teams in eastern Ukraine. The teams conducted 2,219 medical and 230 MHPSS consultations, including in transit centers in Lozova, Pavlohrad, Voloske, Oleksandrivka, and Dnipro. PUI also focused on strengthening the capacity of local specialists by delivering 16 trainings, covering topics such as "Trauma-Informed Support" for the Regional Coordination Centre, "Support for Veterans and Their Families," "Professional Burnout and Compassion Fatigue," emergency care, and Sexual and Reproductive Health for PHC staff and social workers, which reached 203 participants. This month, 86 MHPSS group sessions were conducted, benefiting 547 people. Medicines, equipment, and medical supplies were donated to four PHCCs, where MHPSS Detached Teams provided short-term psychotherapy to patients referred by family doctors, ensuring timely mental health support and continuity of care within the primary healthcare system. A voucher project was launched in Kramatorsk, providing medicines and medical products to 120 vulnerable individuals, while eight health facilities in Donetska Oblast received support for relocation to safer areas.



The first in a series of MHPSS group sessions, organized by SAMS, was held for 15 healthcare workers from the frontline team at Nikopol City Children's Hospital as part of the project "Enhancing Health Worker Resilience in Ukraine: Integrated MCM Preparedness and MHPSS Support for Healthcare Workers."



In October, STEP-IN UKRAINE concluded an eight-month project (March−October 2025) in Kharkiv, funded by the UK-based organization MedAid. The initiative provided primary healthcare services through a mobile medical team, offering doctor consultations, medication distribution, psychological support, and laboratory diagnostics. Over the course of the project, the team conducted 2,309 medical consultations and 583 psychological consultations, while distributing medications worth €20,000 to patients in need, ensuring access to care for vulnerable populations affected by the ongoing conflict. Although this project has ended, the STEP-IN UKRAINE medical team will continue its activities in Kharkiv Raion under a new initiative.



In October, the Stichting Vluchteling & PAL-UA Mobile/Remote Care Project improved access to primary healthcare and NCD/PSS services for populations in Mykolaiv region through mobile and remotely accessible medical services. The mobile clinic team provided 790 integrated consultations during the month. In addition, under the SV Medical Supply Project, hospitals in frontline areas received essential medical equipment and supplies based on assessed needs. In total, 1,589 items, including kits, equipment, consumables, and medicines, were delivered to medical facilities across 11 oblasts.



In October 2025, United Help Ukraine (UHU) continued implementing MHPSS activities under the "Smuha" project, providing 411 individual and group psychological sessions and reaching 1,207 children across all locations. At the Kyiv Psychological Support Center, UHU conducted 110 individual and 119 group sessions for 630 children, while the speech therapy team provided 171 consultations. In Ivano-Frankivsk, specialists delivered 119 individual and 31 group sessions, reaching 386 children, alongside 148 speech therapy consultations. In Chernihiv, UHU conducted 5 individual and 27 group sessions, reaching 191 children and adults. As part of ongoing capacity-building efforts under the "Reboot" project, UHU completed its second PM+ training cohort, preparing 18 psychologists and social workers from resilience centers in Vinnytsia, while the third PM+ cohort, consisting of 20 professionals, began training in October.



In October, UK-MED, with support from the Ukrainian Humanitarian Fund (UHF), continued delivering vital healthcare services to residents of the Kharkiv and Zaporizhzhia regions. During the month, mobile medical units provided 2,104 primary health care consultations to people living close to the frontline, as well as to evacuees from areas affected by hostilities in shelters and transit centres. UK-MED's psychologists conducted 291 individual consultations and 12 group sessions, while clinical psychologists carried out 623 individual consultations and 4 group sessions with 39 participants, supporting medical staff. Trainings on first aid, psychological support, infection prevention and control, and wound care strengthened the capacity of healthcare workers, first responders, and communities to respond effectively in emergencies. In total, 33 training sessions were delivered, reaching 454 diverse participants. During the month, UK-MED donated essential medicines to hospitals in the frontline cities of Hulyaipillya and Orikhiv in the Zaporizhzhia region. In addition, 400 tourniquets were provided to police officers who successfully completed UK-MED's first aid training.



♡ ZDOROVI

In October, Your City Odesa continued to provide essential humanitarian health assistance, strengthening the link between free medical care and the national healthcare system. Your City provided 1,436 people with vital medicines free of charge, including 133 patients who were provided with high-cost life-saving drugs, at the the Medication Assistance Centers. As part of the national Affordable Medicines programme, the team at the center conducted 90 consultations of awareness campaign aimed at informing vulnerable groups about opportunities in obtaining essential drugs free of charge or with partial reimbursement. Under the "Charity Doctor" project, 416 people received medical care, including primary consultations, diagnostic services, and follow-up treatment. The Your City Mental Health Center provided psychological assistance to 333 people, conducting 20 group sessions and trainings and 80 individual consultations to support internally displaced persons (IDPs), women, children, adolescents, and families of military personnel.

ZDOROVI delivered 2,766 medical instruments donated by the family of renowned Swedish cardiac surgeon Bjarne Sembo to doctors in Zaporizhia, Mykolaiv, and Kharkiv, and supported a team of Dnipro doctors in completing internships in radiology, oncology, oncological surgery, haematology, and transplantation at Skåne University Hospital in Sweden. In October, the organization strengthened cooperation with Dnipro's regional and city health departments by signing memoranda to advance targeted improvements for hospitals and medical professionals. ZDOROVI also organized a practical webinar led by Gro Buttingsrud of the National Council of the Norwegian Health Secretaries' Union, providing insights into Norway's primary care system and relevant solutions for Ukraine. Additionally, trainers Tetiana Kuzmenko and Iryna Pashkevych delivered a "Corporate Culture" workshop for RAZOM partners, underscoring the importance of workplace culture and sharing practical case studies.



HEALTH CLUSTER RESOURCES & CONTACTS

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KEY PUBLICATIONS, October 2025

- Partner Response to Attacks #10
- Partner Response to Evacuations #10
- Funding Situation Update Q3, August 2025
- Advocacy Note for Winter Health Funding
- Winter Response Plan 2025-2026

KEY RESOURCES

